

live your best life

## WEST NORTHAMPTONSHIRE HEALTH & WELLBEINGBOARD Minutes of the meeting held on 11<sup>th</sup> December 2023 at 10.00 am Venue: Jeffrey Room, Guildhall, Northampton, NN1 1DE

Present:	
Councillor Matthew Golby (Chair)	Cabinet Member for Adults, Health and Wellbeing, West Northamptonshire Council
Colin Foster	Chief Executive, Northamptonshire Childrens Trust
Councillor Wendy Randall	Labour Group Leader, West Northants Council
David Maher	Deputy Chief Executive, Northamptonshire Healthcare Foundation Trust
Dr David Smart	Chair Northampton Health and wellbeing Forum
Gabriella Van Beek	Office Manager, Healthwatch Northamptonshire
Miranda Wixon	Co-Chair Daventry and South Northants Health and Wellbeing Forum
Palmer Winstanley - substitute	Chief Operating Officer, Northampton General Hospital
Professor Jacqueline Parkes	University of Northampton
Rebecca Wilshire	Director of Childrens Services, West Northants
Russell Rolph Via Teams	Chief Executive, Voluntary Impact Northamptonshire
Sadie Beishon - substitute	Public Health Principal Health Inequalities, West Northants Council
Sally Burns via Teams	Director of Public Health, West Northants Council
Stuart Lackenby	Deputy Chief Executive, West Northants Council

### Also, Present

Anya Willis, Chief Executive Re:Store

Belinda Green, Assistant Director Revenue and Benefits, West Northants Council Bonita Wallace, Senior Public Health Administrator, West Northants Council Julie Curtis via Teams Assistant Director PLACE Development, West Northants Council Louis Devayya, Senior Economic Growth Officer, West Northants Council Michael Hurt, Better Care Fund Service Manager Michelle Grimwood, LAP Project Lead Rachael Byrne, LAP Project Lead Racha Fayad, Public Health Principal Children and Young People, West Northants Council

Rhoda Asante, Public Health Administrator, West Northants Council

## 67/23 Apologies

Anna Earnshaw, Chief Executive, West Northants Council Carella Davies, Chief Executive, Daventry Volunteer Centre Cllr Jonathan Nunn, Leader, West Northants Council Colin Smith, Chief Executive, LMC David Peet, Chief Executive, Office Police, Fire Crime Commissioner Dr Andy Rathborne, Primary Care Network Dr Philip Stevens, GP, Chair Daventry and South Northants GP Locality Dr Santiago Dargallonieto, Chair, Northampton GP Locality Heidi Smoult, Chief Executive, Northampton General Hospital Michael Jones, Divisional Director, EMAS Robin Porter, Assistant Chief Fire Officer, Northants Fire and Rescue

## 68/23 Notification of requests from members of the public to address the meeting

None Received.

## 69/23 Declaration of members' interests

None received.

### 70/23 Chairs Announcements

The Chair made the following announcements:

Representatives from NHS Northamptonshire Integrated Care Board (ICB) are not able to be in attendance for this meeting. If there are decisions required by the Board at today's meeting these will be deferred until the next meeting. **Post meeting note: No decisions were required.** 

In November, there were two new launches from West Northants Council (WNC). Firstly, our new <u>Adult Social Care and Wellbeing</u> webpages went live. This provides residents and professionals with a single landing page for all services and information relating to adult social care and wellbeing, making this information more accessible. The launch of these new pages support our prevention workstream, putting prevention information at the forefront, ensuring residents have easy to access, helpful and informative information that will improve their customer experience to enable them to help themselves improve their health and wellbeing.

Also, our winter well public health campaign went live. The WinterWell campaign aims to help residents improve their health and wellbeing this winter, encouraging them to 'live their best life' by providing advice and tips, as well as signposting them to services when required. <u>WinterWell</u> addresses a wide range of topics, including general wellbeing, ageing well, economic wellbeing and mental health, with information being shared in a phased approach over the upcoming months.

The campaign will run across all of West Northants until March 2024 and will include a range of messaging and channels, some targeted to specific Local Area Partnerships (LAPs) where the workstream overlaps with their priorities. The team are also working closely with

Integrated Care Northamptonshire (ICN) comms team to support message sharing of the wider system pressures campaign and mental health support messages.

# 71/23 Minutes and actions from the previous meeting 28th September

## **RESOLVED** that:

- The minutes from the previous meetings held on the 28<sup>th</sup> September were agreed as an accurate record.
- All actions from the previous meeting held on the 28<sup>th</sup> September have been completed.

### 72/23 Voluntary Sector Spotlight - Re:Store

The Chief Executive Re:Store gave an overview of their work and highlighted the following:

- The definition of poverty used by the Joseph Rowntree Foundation is 'Poverty means not being able to heat your home, pay your rent, or purchase the essentials for your children. It means waking up every day facing insecurity, uncertainty, and impossible decisions about money'.
- The definition of employment is around paid labour in exchange for paid contract, but for the VCSE sector this can also mean engaged in meaningful activity rather than direct employment.
- In Northamptonshire currently 17% of the working age population are economically inactive. Approximately 20% of the working population in Northamptonshire fall into low income households category.
- Re:Store formed 10 years ago, over these 10 years they have had contact with approximately 80k adults and children through their food banks and other emergency provision.
- Work of the charity forms part of the Anti-Poverty Strategy focusing on the first 2 priorities:
  - Supporting people who are struggling in poverty now
  - > Preventing people from falling into poverty in the first place
- The most vulnerable groups in society are women, children and ethnic minorities, especially those with no recourse to public funds. Re:Store see those who are isolated with low mental health issues, experienced trauma, problematic births, homelessness financial distress or trafficking. The impact of poverty has a negative impact on mental health and wellbeing of families. Many referred to Re:Store have complex needs and need access to wider support and referral to specialist services.
- The focus of Re:Store is to bring communities to life through love and compassion. There are a wide range of projects focusing on building communities and strengthening families. In turn they hope to contribute to reducing the impact of poverty within Northampton Town and improving health and wellbeing.
- Re:Store projects are spilt into 3 areas:
  - Crisis provision
    - The food bank has been running for 14 years and distributes approximately £200k of essentials including food, cleaning products, hygiene over 6 locations with 50 volunteers. This is a referral based emergency provision on a short term basis, and forms part of the Food Aid Alliance in West Northants. Community Law Service is onsite during the food bank opening hours to provide debt/financial advice to those struggling.
    - Grow Baby provide new or pre-loved clothing, toys and essentials for families. This is referral based, but families do not have to be in crisis, they can be in low

income households or facing hardship. Many families referred to Grow Baby have no recourse to public funds.

- Re:Store have a Christmas appeal with a Christmas grotto where parents of children under the age of 5 can choose presents or books to give their children.
- Strengthening families
  - A 6 week parenting course if offered, with a free creche, with the majority of parents accessing this service isolated with no support networks.
  - Time for Me is a 6 week wellbeing course, using techniques and resources linked to the Action for Happiness initiative, with the aim to improve the health and wellbeing of families. The majority of those attending have not had access to selfsupport for low level mental wellbeing and many have experienced trauma in their past.
  - CAP Money course is a free 3-week course that teaches people how to budget, save up and spend wisely.
  - Re:store Allotment is a volunteer led project, that seeks to grow skills and independence through growing fruit and vegetables, to improve mental wellbeing and reduce isolation, with most of the referrals come through Northamptonshire MIND or social prescribers. This initiative was awarded the Northamptonshire Community Foundation (NCF) Healthier and Happy Communities award for 2023.
  - There are support programmes led by an occupational therapist to build individual action plans focused on meaningful occupation, building confidence and skills.
- Building community
  - The Re-Store Hub runs alongside the food bank, this is volunteer led and welcome approximately 30 households per session.
  - The family hub runs alongside the Grow Baby session and provides free refreshments for families in attendance. The main focus is for volunteers to listen to peoples stories and help them to make positive changes.
  - Baby Nest is for under 18 months and is targeted at more vulnerable and isolated families that need quality time together, with baby massage and songtime sessions.
- The voice of Re:Store is a co-production group including service users who are involved in helping to set the future direction of the charity.
- There is a high and growing demand for Re:Store's services, with the charity constantly having to review the services they offer to meet this need. The lack of statutory services and clear pathways can mean that customers can often stay with Re:store longer rather than seeking specialist support.
- As Re:store rely on charitable funding, wages and overheads are lower, leading to less equipped and experienced staff facing complex situations. There is a constant effort to find funding and compete against other charities.

The Chief Executive of Re:Store chairs the Food Aid Alliance West Northants Forum and provided an overview of their work:

- This was established during the COVID19 pandemic, bringing together all the food aid providers across the county, to share understanding of good practice to bring uniformity into these services and avoid duplication.
- A process has been mapped for those in immediate food aid crisis in the short term, to those on low income and in hardship requiring longer support.
- The Alliance is comprised of 35 organisations.
- The collaborative has secured £600k of funding from the household support fund, for all organisations in the Alliance to purchase food. The funding has been spilt 50:50 between the food aid providers and larders.

• Organisations that are part of the alliance also face costs for hiring community rooms, heating these spaces and supporting workforce/volunteers. The food aid partners provide wrap around services alongside providing food.

The Board discussed the update and the following was noted:

- There is a need to consider how faith communities can contribute and work in partnership with the VCSE sector and how this sector can also be included when developing new pathways and training programmes.
- If the VCSE sector could access more specialist support, this could link in with the early help offer of helping families stay together when it is safe to do so. Including follow up services with social workers.
- Having no recourse to public funds can make families homeless, with the children coming into the care system.
- There needs to be a debate about how public funding is distributed amongst VCSE organisations.
- WNC have started to plan for the implications of not having a Household Support Fund 5 post April 2024, including providing free meals during schools holidays.
- Part of the work of the Anti-Poverty Steering group is to consider how strategically the demand for food bank etc can be reduced.
- Discussions are taking place between WNC and NHS Northamptonshire ICB around looking at the totality of investment from public sector organisations into West Northamptonshire to understand where there might be areas of duplication. Using the evidence base contained within the JSNA for the commissioning cycle for designing interventions.

# **RESOLVED** that the Board noted the update.

# 73/23 Live your best life domains: Employment that keeps them and their families out of poverty:

The Chair advised the Live Your Best Life (LYBL) thematic theme for this meeting is Employment to keep them and their families out of poverty.

The Public Health Principal, Health Inequalities gave an overview of the health skills and employment data and highlighted the following:

- The Integrated Care Partnership (ICP) held a workshop on the 15<sup>th</sup> November to discuss the Integrated Care Systems (ICS) 4<sup>th</sup> aim to support broader social and economic development.
- The workshop looked at understanding the local need and strategies already in place, as well as the programmes of work contributing to this aim and how partners can align more.
- In 2022/23 the gap in the employment rate for those with a physical or mental long term health condition (aged 16 to 64) and the overall employment rate was 7.9% in West Northamptonshire compared to 9% for England.
- In 2022 across Northamptonshire over half of all people age 16+ (54.2%) reported having any long-term physical or mental health conditions, disabilities or illnesses, over a fifth of whom (13% of total population) reported a long term mental health condition.
- Diagnosis of a mental health disorder is the most common reason for a fit note diagnosis, with the second highest being MSK.
- Among the working age people in West Northamptonshire 79% are in employment, of those aged 16-65 not in employment:
  - > 8,700 are unemployed
  - > 10,400 are long-term sick

- > 10,900 have caring responsibilities
  > 12,200 are studying
- ➤ 7,800 are retired
- Of those who are unemployed, 463 (5%) have been seeking work for more than a year.
- There are higher gaps in education attainment for children who are receiving free school meals than those who are not.

The Assistant Director Revenues and Benefits provided an overview of WNC Debt and Money Advice Service and highlighted the following:

- Internal WNC Debt and Money Advice team has been operating in much the same way as prior to 1 April 2021 and offer a service for only the South Northants area. Northampton area have a service offered by Citizens Advice and Community Law Service who work on behalf of WNC.
- The internal team comprises of 2.6 Officers who offer a range of services working closely with clients, mainly for urgent cases and get referrals from food banks, libraries and focusing and once the new pathway is in place this will reach a wider cohort of people.
- It is recognised that the internal team Debt and Money Advice offer across the Authority is inconsistent and a transformation project was launched to look at the wider offer and opportunities working closely with colleagues across WNC, the VCSE sector and partner organisations.
- The project is still underway with following outcomes so far:
  - Increase in the capacity of the internal team. 2 new officers joined on September 23 and a further 4 officers to be recruited to provide services across WNC in 2024.
  - Working with the voluntary sector to agree the service offer and pathways for residents to access the services.
- This work has been closely linked with Community Training Partnership training sessions.
- As part of the transformation a pathway will be developed to look at how people can access services, what is the best method to access services and how do we make the most of the resource.
- The aim of the internal teams is to:
  - > Supporting households with debt and money advice, offering a free and confidential service.
  - Provision of a good quality service tailored to the needs of individual, working alongside clients making recommendations for dealing with debt from debt management plans to IVA/bankruptcy and Debt Relief Orders.
  - Prevention work, to stop people getting into crisis situations, such as income maximisation including benefit checks, making benefit applications, support with appeals and budgeting advice.
  - > Working with colleagues across WNC, Health and other organisations to deliver positive outcomes for residents including working in hubs, warm spaces, LAPs.
  - Demonstrate secondary benefits including how acutely services are accessed, health and wellbeing, promoting independent living and helping people to move out of poverty and allow them to live their best lives.
  - Prevention of homelessness working with Housing colleagues.

The Senior Economic Growth Officer gave an overview of funding opportunities and highlighted the following:

- There is dedicated funding to support those aged 19 years and over, such as exoffenders, parents to support children with homework and managing finances.
- There is also an implement support service, which is a 24/7 free service for West Northamptonshire residents to access mainly online, but an in person service is being piloted at Towcester as a pilot on a monthly basis

- The UK Shared Prosperity Fund has allocated £5.4 million to West Northamptonshire across 3 years ending in March 2025. The people and skills element is only funded until the next financial year with the following elements:
  - Business support to drive employment growth by looking at helping people to secure long term sustainable employment and engaging with employers. Hoping to utilise this funding to educate employers on best practice, to become disability confident, hiring young people or those from the aging population, along with workplace wellbeing.
  - > Employment support for economically inactive people
  - > Tailored support to enable people already in employment to access training
  - Local areas to fund local skills needs
- In January 2024 partners will be encouraged to take part in a bidding process for projects, which will be presented to panel at the end of February 2024. The bids should be for specific smaller schemes within LAP areas, be evidenced based and aligned to the community framework.
- A Work Well Partnership Programme was announced nationally in spring 2023 with the aim to better integrate local employment and health support for disabled people and those with health conditions to start, stay and succeed in work, following a place based approach in line with ICS strategic aims:
  - There is £54 million of funding available to be shared between approximately 15 ICBs to become Vanguard Sites. The amount of funding allocated will depend on the numbers of individuals that will be supported included.
  - The program will be locally led, convened by ICBs and local authorities bringing together the NHS, local authorities and other partners, in collaboration with job centers.
  - Vanguard sites will be allocated a unit cost of 800pp, £320k in 24/25 and £220k in 25/26. There will be an additional allocation made to all ICBs to fund a health and work leadership role.
  - The submission date for this bid is 22<sup>nd</sup> January 2024 with successful ICS notified in April 2024, where a more robust case of how the funding will be delivered must be developed. The initiative must start in October 2024 with the purpose of the funding aligning with 3 objectives:
    - Deliver a holistic work and health service
    - To take forward an integrated local work and health strategy
    - To be part of a national learning programme.
  - A workshop was held in September looking at the wider determinants of health and sustainable local employment and the barriers people face which identified 5 potential focus areas:
    - Areas of deprivation using the LAP profiles
    - Females over 50 years, particularly those in low income in need of ESOL
    - Economy inactive people including low term health conditions
    - Empowering employers to to deliver needs of employees
    - Care leavers and young people
  - The provision of these 5 groups was mapped and be built upon for inclusion in the bid. Existing provision has been mapped, with gaps in the provision being identified.
  - Work has been undertaken with adult learning services, DWP, Job Centre Plus to retrain targeted groups and use anchor institutions to use as case studies, along with using the LAP profile to provide employment data at a local level.
  - Next steps are is Launch a call for projects for UKSPF Jan 2024, presented to panel end Feb 24, a bidding process for a range of applications for specific smaller schemes within lap areas responding to the need with evidence. This would be

aligned community framework and grants being delivered by the community engagement team.

The Public Health Principal, Health Inequalities advised the Adult Learning Service are looking at aligning the priorities of their services and offer to the Local Enterprise Partnership, skills improvement plan and health and wellbeing priorities.

The Public Health Principal, Health Inequalities gave an overview of Anchor Institutions Network and highlighted the following:

- The Anchor Institutions Network and agreed priorities was launched in 2023. The network seek and agree best practice, to measure impact and hold each other to account and actively commit to the following:
  - Empowering the next generation
  - Employment opportunities
  - Social value gained from local investment
  - Enhancing sustainability
- The initial focus of the network was to look at gaps in employment for care leavers, and opportunities for organisations to support care leavers, as well as representatives from Northamptonshire Childrens Trust (NCT) and the Leaving Care Team to link in with employers. A number of organisations are signatories on the care leaver covenant.

The Board discussed the update and the following was noted:

- Many MSK illnesses can be linked to mood disorder, the COVID19 pandemic and the cost of living crisis has heightened the issue.
- 25% of people who commit suicide are due to family issues. Early prevention is key to enable more focus to be given to those with higher needs.
- Families who have a member who is suffering with dementia can be affected by debt, due to not able to accessing pensions or unable to work. Not having access to transport can lead to attending medical services.
- There difficulty in accessing data from Fit Notes due to different systems used by GP Surgeries. The University of Northampton (UoN) is hoping to put forward a mental health research bid linked to employment and fit notes.
- There is West Northamptonshire Social Enterprise fund grants of up to £5k.
- VCSE should be seen as an anchor institution, and those with caring responsibilities should be recognised as well as getting volunteers back into work.
- Need to consider those who are in work with long term medical conditions and could be at a higher risk from suffering with poor mental health.

### **RESOLVED** that:

- The Assistant Director Revenue and Benefits to link in with the Population Health Board Prevention Subgroup.
- The Assistant Director Revenue and Benefits to ascertain if there is any provision currently in place to help people with offsetting debts.
- An update on the Work Well Partnership bid submission to be given at the next meeting.

# 74/23 Better Care Fund Quarter 2 Report

The Better Care Fund (BCF) Service Manager gave an overview of the BCF Quarter 2 report and highlighted the following:

- The number of falls was higher than expected, a small working group has been created to complete further investigation into this.
- The quarter 2 submission was put forward as an exemplar by the regional team.

• Reviews have started on the schemes contained within the BCF to assess whether they meet the national objectives, and their impact versus cost effectiveness.

The Director of People advised currently we have a reactive approach to falls and this needs to be more preventative to reduce the current number. The reduction in care home placements and keeping residents at home for longer, means there will people at home with higher levels of frailty which could increase the number of falls.

### **RESOLVED** that the Board endorsed the BCF Quarter 2 submission.

### 75/23 Children and Young People Needs Assessments

The Public Health Principal Children and Young People, gave an overview of the Children and Young People Needs Assessment and highlighted the following:

- The purpose of this needs assessment is to provide a snapshot of the health and wellbeing needs of children, young people aged 0-19, and up to 25 where there's a statutory responsibility for the young person and their families.
- Underpinning this needs assessment is a life-course approach which describes the importance of the best start in life and recognises the importance of prevention and early intervention to tackle any emerging issues in young person's life.
- The objectives of the needs assessment are to:
  - Review the current model of 0-19 services delivery across WNC and North Northants Council.
  - Identify opportunities to improve, integrate and re-align local provision to better meet the needs of this population.
  - Make recommendations to commissioners and policy makers based on the findings and conclusion, to develop more effective and efficient services, reduce inequalities and help meet the national targets for the Health Child programme.
- The following methods were used to inform this health needs assessment:
  - Literature Review of national and local evidence was carried out by a public health officer to inform this HNA. Findings are summarised at the beginning of each chapter.
  - Epidemiological A wide variety of data sources have been used to inform this HNA. The Office for National Statistics (ONS) and Office for Health Improvement and Disparities (OHID) Fingertips data. Local data have also been used and supplied by our system partners where available. Limitations in finding data have also been noted.
  - Surveys Three surveys were undertaken in March-April 2023 to gather insights into the health and wellbeing of children and young people, and their families. The surveys were targeted at parents and carers, primary and secondary school staff and stakeholders and wider partners. Which gathered more than 2700 responses.
  - Semi-structured Interviews 32 semi-structured interviews were undertaken with stakeholders including Maternity services, ICB senior executives, Northamptonshire Children's Trust (NCT) colleagues, 0-19 service provider, Strong start, Local Authority public health and Education colleagues and Voluntary community sector organisations. The key themes were identified using a thematic analysis and are summarised in the Engagement and Insight chapter.
  - Public Engagement WNC and NNC have commissioned Free2Talk in partnership with HomeStart Daventry and south Northants and NHFT participation to deliver a series of engagement workshops with children young people aged 0-19 and their families, as well as stakeholders and wider system partners. More than 120 children and young people, and 68 stakeholders were engaged throughout these workshops.
- The needs assessment contains the following chapters:
  - West Northamptonshire Demographic

- Maternal and infant health
- Early years
- Primary School Children
- Secondary school children
- Transition to adulthood
- Engagement and Insights
- The key strategic findings and recommendations of this health needs assessment are:
  - 1. In reviewing the 0-19 service currently provided as a county-wide offer, there has been recognition of the need to develop a new service model and service specification with a greater emphasis on a whole family approach, reflecting the need of making prevention and early intervention everyone's business to support children, young people, and their families with a focus on existing universal services.
  - 2. There is a wide variation in the needs of children and young people across WNC and NNC as shown by the epidemiological data. The 0-19 service must ensure that resources (including workforce) are targeted to meet the needs of children and families most in need, whilst at the same time maintain universal offer. This also include working on a locality basis, aligning with local area partnerships, and restructuring the service workforce to increase capacity and meet the needs identified.
  - 3. Lack of early help services across WNC and NNC. This was identified as the underpinning cause of many significant gaps identified through this health needs assessment. It also means that services are being overwhelmed dealing with complex cases and crisis due to the lack of prevention and early intervention practice across the system. The need to invest in early help and preventative services was evident across the needs assessment and the stakeholder engagement to prevent the escalation of need and embed prevention and early intervention approach across our integrated way of working across the system.
  - 4. Improve partnership working, join up and integration across the system to meet the needs of children, young people and their families living in West Northamptonshire and North Northamptonshire. It was clear from the stakeholder consultation that partnership working across the system have improved in the last 2 years, however it still needs to be more integrated. This includes making decisions on commissioning for new services, the co-location of services, improved understanding of services, closer relationships, and information sharing.
  - 5. The development of clear pathways of support for services available for children, young people and families was highlighted as being unclear. It was agreed that support pathways for children and families should be accessible and easy to understand and navigate. It was also agreed that we need to map the existing service provision alongside the referral pathways to enable the workforce and frontline workers to signpost appropriately.

The Board discussed the Needs Assessment and the following was noted:

- The information contained within the needs assessment will be used proactively to address some of the daily challenges.
- Good governance is needed to drive forward any strategy resulting from the needs assessment. A Best Start in Life Board has been created which feeds into the Children and Young People work of the ICS.
- UoN will be hosting an event around children and young people in the spring and this will be linked into the Best Start in Life ambition.
- Asset mapping has been completed by the VCSE Infrastructure organisations and it would be useful if this could be mapped against needs of residents in the LAP areas.

# **RESOLVED** that:

• The Board endorsed the needs assessment.

• A workshop to be hosted to discuss the needs assessment in more detail and links to the Joint Health and Wellbeing Strategy including case studies.

### 76/23 Joint Health and Wellbeing Board Strategy and Scorecards

The Director of Public Health provided an overview of the Joint Health and Wellbeing Strategy (JHWBS) and highlighted the following:

- There will be delivery plans for each of the Live Your Best Life ambitions contained within the JHWBS for the next 16 months 2023-2025.
- The JHWBS aligns with the ICN Strategy and NHS Northamptonshire 5 Year Forward Plan.
- The delivery plan will enable the Board to see progress against the metrics contained within the Strategy.
- The delivery plans align with associated strategies and boards.
- During the thematic theme for each meeting, the delivery plan will be discussed to provide an overview on progress against the ambition.
- The delivery plans will contain the 'We will statements' from the JHWBS, from which the high level objectives will break down the statements areas of work taking place. The key actions and dates will be used for RAG rating. The system outcomes measures are the indicators agreed by the ICP to focus on.
- A high level scorecard will give an overview of the ambition indicators on one page. Behind the indicators there will be other measures of progress. These delivery plans will provide a thread down into the LAPs Plan on a Page.
- Larger parish councils are starting to work on their own health and wellbeing strategies (plan on a page).

# **RESOLVED** that the Board noted the update.

# 77/23 Local Area Partnership

The Assistant Director of PLACE Development gave an update on LAPs and highlighted the following:

- All 5 project leads are in post and are starting to focus on task groups set up within the LAP to work on their identified priorities.
- The aim is for each LAP to have its own Active Lives plan with support from NSport and Sport England.
- Dementia will also be a golden thread running through all the LAPs, with Rural South and Rural East LAPs piloting Robopets as a dementia aid.
- Adult Social Services are starting to align their services with the LAP footprint. Northamptonshire Police, has already its beats to LAP areas, with the VCSE and GPS aligned with the LAPs. Discussions are taking place with NHFT on how their Adult Community Mental Health Teams being aligned to the LAP footprint.
- A pilot has started in Rural East LAP to support 18-24 years get into employment.

# **RESOLVED** that the Board noted the update.

There being no further business the meeting closed at 12.05 pm.



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	West Northamptonshire Health and Wellbe	ing Board Action Log		
Action No	Action Point	Allocated to	Progress	Status of Action
111223/01	Belinda Green to link in with the Population Health Board Prevention Subgroup.			
	Belinda Green to ascertain if there is any provision currently in place to help people with			
111223/02	offsetting debts			
	Actions completed since the 11th Dec	cember 2023		
Action No	Action Point	Allocated to	Progress	Status of Action
111223/03	An update on the Work Well Partnership bid submission to be given at the next meeting	Toby Saunders	On the agenda for 23rd January	Completed.